Profile

Talent Management



BRIDGET HUSTWAITE

Bridget Hustwaite is a presenter, bestselling author, podcaster and content creator.

Hustwaite spent seven years at Australia's national youth broadcaster triple j including five years hosting her own national music program, 'Good Nights', finishing up in 2022. Already a trusted voice in the Australian

music industry, Bridget's interest areas have expanded to include commentary on love, sex, career, fertility and more – all of which she explores in her podcasting, social commentary and writing.

Hustwaite makes regular appearances on national television programs such as the Today Show, Today Extra and The Project. In 2023, she hosted the official ARIAs Red Carpet for Channel Nine and Stan Australia's backstage broadcast – as well as becoming the Today Show's resident 'Swiftie'. Bridget also has the privilege of interviewing the hottest international acts through various roles hosting live events and video content for major music labels like Universal Music and Warner Music.

Bridget is currently working on her second book, inspired by her popular podcast platform Figuring Out 30 – to be released late 2024 by Penguin Random House. Her writing has also featured in Vogue Australia, Harper's Bazaar Australia and the Sydney Morning Herald.

Bridget's bestselling first book, *How to Endo*, details her lived experience with endometriosis. She has spoken on her condition and chronic illness advocacy at numerous events such as the Melbourne Writers Festival, University of Melbourne Medical Student Conference and National Youth Disability Summit.

Bridget has proven herself as an in-demand partner for brands, working alongside the likes of global names like Specsavers, Garnier, Uniqlo, and more.

Originally from Ballarat, Bridget spent most of her twenties in Melbourne and recently relocated to sunny Fremantle, WA.

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